

LATIN AMERICAN SYLLABUS STEP LIST , LISTE DES FIGURES, COMPETITIONS & MEDAL TESTS

	CHA CHA		RUMBA		SAMBA		PASO DOBLE	
Beginners Débutants	1	Basic Movements, Closed, Open and in Place.	1	Basic Movements (Closed, Open, in Place, Alternative)	1	Basic Movements: Natural and Reverse, Side and Progressive	1	Sur Place
	2	New York (Left and Right side)	2	Cucarachas Left Foot and Right Foot	2	Whisks (also with Lady's Underarm Turn)	2	Basic Movement
	3	Spot Turns to Left or Right (incl. Switch and Underarm Turns)	3	New York to Left and Right side	3	Samba Walks in Promenade Position	3	Chassés to Right or Left (including elevations)
	4	Shoulder to Shoulder Left side & Right side	4	Spot Turns to Left or Right (incl. Switch and Underarm Turns)	4	Rhythm Bounce	4	Drag
	5	Hand to Hand (Right and Left side position)	5	Shoulder to Shoulder	5	Travelling Voltas to Right and Left (facing no turn)	5	Déplacement (also Attack)
Pre-Bronze Pré-Bronze	6	Three Cha Cha Chas- Fwd and Back.	7	Progressive Walks forward or back	6	Travelling Bota Fogos Forward	7	Promenade
	7	Side Steps (to Left and Right)	8	Side Steps (to Left or Right)	7	Criss Cross Bota Fogos (Shadow Bota Fogos)	8	Ecart (Fallaway Whisk)
	8	There and Back	9	Cuban Rocks	3	Samba Walks (Side and Stationary)	9	Separation
	9	Time steps					10	Separation with Lady's Caping Walks
Bronze	10	Fan	10	Fan	8	Travelling Bota Fogos Back	11	Fallaway Ending to Separation
	11	Alemana	11	Alemana	9	Bota Fogos to PP and CPP	12	Huit
	12	Hockey Stick	12	Hockey Stick	10	Criss Cross Voltas	13	Sixteen
	13	Natural Top	13	Natural Top	11	Solo Spot Volta	14	Promenade and Counter Promenade
	14	Natural Opening Out Movement	14	Opening Out to Right and Left	12	Foot Changes 1 & 2	15	Grand Circle
	15	Closed Hip Twist	15	Natural Opening Out Movement	13	Shadow Travelling Volta	16	Open Telemark
Silver Argent	16	Open Hip Twist	16	Closed Hip Twist	14	Reverse Turn		
	17	Reverse Top	17	Fan (Development)	15	Corta Jaca		
	18	Opening Out from Reverse Top	17	Open Hip Twist	16	Closed Rocks		
	19	Aida	18	Reverse Top	17	Foot Changes 1-2-3-4-8	17	La Passe
	20	Spiral Turns (Spiral, Curl and Rope Spinning)	19	Opening Out from Reverse Top	18	Open Rocks	18	Banderillas
	21	Cross Basic	20	Aida	19	Back Rocks	19	Twist Turn
	22	Cuban Breaks (incl. Split Cuban Breaks)	21	Spiral Turns (Spiral, Curl and Rope Spinning)	20	Plait	20	Fallaway Reverse Turn
	23	Chase	22	Sliding Doors	21	Rolling Off the Arm	21	Coup de Pique
			23	Fencing	22	Argentine Crosses	22	Left Foot Variation
		24	Three Threes	23	Shadow Circular Volta	23	Spanish Lines	
Gold Or	11	Alemana R to R Hand hold	7	Progressive walks fwd in Right shadow Position (kiki walks)	12	Foot Changes 1 to 8	24	Flamenco Taps
	24	Adv. Hip Twist (Development)	11	Alemana R to R Hand hold Advanced	24	Contra Bota Fogos	25	Syncopated Separation
	25	Hip Twist Spiral	22	Hip Twist (Development)	25	Roundabout	26	Travelling Spins from PP
	26	Turkish Towel	23	Sliding Doors	26	Natural Roll	27	Travelling Spins from CPP (No Syncopation)
	27	Sweetheart	24	Three Threes	27	Reverse Roll	28	Fregolina (also Farol)
	28	Follow My Leader	25	Three Alemanas	28	Promenade and Counter Prom. Runs	29	Twists
	29	Foot Changes	26	Hip Twists - Adv. Continuous- Circular	29	Three Step Turn	30	Chassé Cape (incl. outside turn)
Gold Star - Etoile d'Or Steps 1 - 29 Figures 1 - 29 See note - Voir note		Gold Star - Etoile d'Or Steps 1 - 26 Figures 1 - 26 See note - Voir note		Gold Star - Etoile d'Or Steps 1 - 31 Figures 1 - 31 See note - Voir note		Gold Star - Etoile d'Or 31- Travelling Spins from CPP with syncopated timing Steps 1 - 31 - Figures 1 - 31 See note - Voir note		

JIVE				General Information		Informations Générales	
Beginners Débutants	1	Basic in Place	Silver Argent	4	Hesitation (1-2 of link)	Gold Star : All above figures in each dance also the figures and amalgamations as written in the book Popular Variations by ISTD. Complete figures must be danced.	Etoile d'Or : Toutes les figures mentionnées dans chaque danse ainsi que les enchaînements tels que décrits dans le livre de Popular Variations de l' ISTD. Les figures complètes doivent être dansées.
	2	Fallaway Rock		15	Reverse Whip		
	3	Fallaway Throwaway		16	Windmill		
Pre-Bronze Pré-Bronze	4	Link (kick ball change all levels)	Gold Or	17	Spanish Arms	Arms No restrictions. The use of arms should be rhythmical and suit the figure and the dance	Bras Aucune restriction. L'utilisation des bras devrait être rythmique et convenir à la figure et à la danse.
	5	Change of Places Right to Left		18	Rolling Off the Arm		
	6	Change of Places Left to Right		19	Simple Spin		
	7	Change of Hands Behind Back		20	Miami Special		
Bronze	8	Hip Bump (Left Shoulder Shove)	Gold Star Etoile d'Or	21	Curly Whip	Please Note : In syllabus competitions IDTA styling or foot positions may be used. Examinations remain as per ISTD Reference : ISTD Manuals ISTD Popular Variations	S.V.P. Notez : Pour les compétitions, le style et les positions de pieds de l' IDTA peuvent être utilisés. Pour les examens utilisez l'ISTD Références : Manuels ISTD ISTD Popular Variations
	5	Change of Places Right to Left with Change of Hands		22	Shoulder Spin		
	6	Change of Places Left to Right with Change of Hands		23	Toe Heel Swivels		
	9	American Spin		24	Chugging		
	10	Walks		25	Chicken Walks		
	11	Stop and Go		26	Catapult		
	12	Mooch		27	Stalking Walks, Flicks and Break		